

Deli & Specialty Cheese



SAVE UP TO \$2.00/lb

Oven Roasted Herb Turkey Breast

We oven roast our turkey breast in-house and slice to order.

6.99/lb

Fresh Bakery



SAVE UP TO \$2.00

Little Rae's Summer School Cookies

14 oz
Kids and adults alike love these all natural shortbread cookies.

7.99



Mozzarella and Basil Panino

Loaded with fresh mozzarella, tomatoes, local pesto & roasted red peppers on a ciabatta roll.

3.99



Caprese Salad

Fresh mozzarella, basil and tomato salad drizzled with olive oil.

6.99/lb



Heirloom Panzanella Salad

Made with juicy heirloom tomatoes, rustic baguette, tarragon, capers and olive oil.

6.99/lb



Mozzarella & Heirloom Tomato Stacks

Fresh Mozzarella & sliced heirloom tomatoes with a sprig of fresh rosemary. Seasoned to perfection.

6.99/lb



Specialty Bakery

This lemon tart has a buttery shortbread crust, a creamy lemon filling that pairs beautifully with fresh berries.

SAVE UP TO \$4.00

Metropolitan Market Lemon Tart

7 Inch

17.99



Metropolitan Market Crostini 4 oz

Great with our fresh made Mozzarella and Heirloom Tomato Stacks from our deli.

2.99



Metropolitan Market Pound Cake

Chocolate, Vanilla or Banana Nut, 16 oz
Goes great with fresh berries!

3.99



Specialty Cheese

Made fresh daily by our cheese experts. Cheese curds are kneaded, stretched and pulled into a smooth, milky ball of goodness!

Hand Stretching Demonstration
Friday 4-7pm, Saturday & Sunday 12-3pm

SAVE UP TO \$3.00/lb

Hand Stretched Fresh Mozzarella

7.99/lb



NEW! Himalayan Pink Salt Brick

4x8 or 8x12 or 7" Round
100% Himalayan pink salt can be used to cook or serve on.

20% off
TAKEN AT REGISTER



LOCAL Anne's Pesto

Selected Varieties, 8 oz
Pesto Porcini, 4 oz \$5.99

8.99



Grand Central Baking Co Rustic Baguette

13.5 oz

2.49



From Our Coffee Shop Refreshing Iced Latte

12 oz

1.99



Franz Bread

McKenzie Farms Buttermilk or San Juan Nine Grain, 24-26 oz

2/\$5



Oroweat Bread

Selected Varieties, 24 oz

2/\$5

An Abundance of Fresh Foods & Flavors

Cold Beverages



Canada Dry, 7-Up, or Squirt Fridge Pack

Selected Varieties
12/12 oz

4.99



Coca-Cola 2 Liter

Selected Varieties
12/12 oz
2/\$11

3/\$5



Blue Sky Soda

Selected Varieties
6/12 oz

3.99



Gatorade Thirst Quencher

Selected Varieties
32 oz

4/\$5



Corona Beer

Selected Varieties
6/12 oz

6.99



Pyramid Beer

Selected Varieties
12/12 oz

11.99



Talking Rain Sparkling Water

Selected Varieties
4/16 oz

1.99



Coke Products

Selected Varieties
6/16.9 oz

2/\$7



Crystal Geyser Alpine Spring Water

1 Gallon

.99



Evian French Alpine Water

1 Liter

2/\$3



New Belgium Beer

Selected Varieties
12/12 oz

11.99



Sierra Nevada Ale

Selected Varieties
12/12 oz

11.99

What's Happening at the Market

BBQ COOKOUTS

Saturday August 7th and Sunday August 8th from Noon to 6 PM.

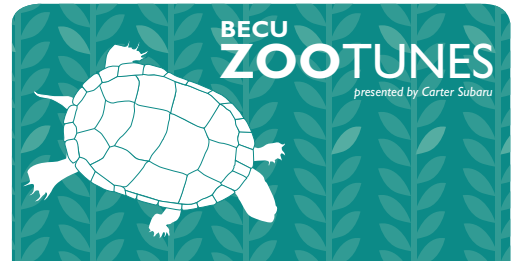
Join us for burgers hot off the BBQ. Choose from Bacon Blue Cheese or Jalapeno Cheddar.



BECU ZooTunes Presented by Carter Subaru at Woodland Park Zoo

We are proud to be the ZooTunes Ticket Sponsor. Concert Tickets are available at all Metropolitan Market locations from 8AM to 10PM Daily.

NOW AVAILABLE AT OUR KIRKLAND LOCATION!



SAVE

Look For Orange, Save Some Green!



July 21, 2010 through August 3, 2010